



PRESS RELEASE

Contact: Kelly Pitts

January 12, 2021

Kelly.Pitts@co.kent.de.us

(302) 744-2304

For Immediate Release

What to Do After taking the Covid Vaccine

Dover, Del. – After taking the first vaccine, people may wonder what to do next? The Centers for Disease Control has an entire section on their website dedicated to just this question.

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html>

If you need help scheduling your vaccine appointment for your second shot, contact the location that set up your appointment for assistance. For questions or if you are having trouble using vaccine management or scheduling systems, reach out to the organization that enrolled you in the system. This may be your state or local health department, employer, or vaccine provider.

The CDC has also made available a vaccine health checker that connects you directly to the CDC. It's called **V-SAFE**. **V-SAFE** is a smartphone app where you can tell the CDC about any side effects that you may have after getting the COVID-19 vaccine. Depending on your answers, the CDC may call to check on you and get more information. In the **V-SAFE** app you will also get reminders if you need a second vaccine dose. **V-SAFE** uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination.

For more information on **V-SAFE** log on to: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/vsafe.html>

####