

## Sign up by 09/30 for onsite Biometric Screening and/or Flu shots on Friday, October 14

Mark your calendars for **Friday, October 14, 2022** for the Annual FREE On-site Biometric Screening &/or Flu Vaccination Clinic. The biometric screening will qualify for a \$150 wellness benefit from Delaware Valley Health Trust – Kent County’s health insurance provider using the Aetna network and the paperwork will be filed automatically for you. Covered employees and spouses as well as covered retirees and their covered spouses can participate. **Please note that you are required to wear a face covering in order to participate in the Biometric Screening Event due to the continuing COVID-19 pandemic.**



**Biometric  
Screening**

The Biometric Screening takes about 15 minutes and will require 9-12 hours of fasting for accurate results and includes measurements of blood pressure, weight, height, & waist along with a finger stick to measure glucose, and cholesterol. You get your results that day along with other valuable health related information. Be sure to drink plenty of water before the event.

Like prior years, the biometric screening will be conducted by Quest Diagnostics staff between 8:00 a.m. - 12:30 p.m. in the Room 220 located on the second floor of the Kent County Administrative Complex. Additional locations within the building may be required to maintain social distancing and is subject to change depending upon the continuing response to the COVID-19 pandemic. Screening appointments must be made by **Friday, September 30, 2022** at <https://my.questforhealth.com> Enter **DVHT** as the registration key or call (855) 623-9355 to sign up, then enter your Aetna ID card number (include suffix before your name with no spaces between numbers), date of birth, and select the relationship to the primary card holder. Create an account with a user name and password, enter requested information (phone & email), then select “at an event”, then select “Kent County Levy Court” event, then select a time for your appointment, review for accuracy and then confirm or change as needed. Instructions for the event will be provided after registration is completed. If your desired time is not available, wait and keep checking the website. If you previously created a Quest Labs account then log in with your username and password or use the “Forgot Username or Forgot Password” links to retrieve your account information. Please note that your biometric data will **NOT be shared** with the County or DVHT.

Please keep in mind that the County must have 30 people registered in order to host an onsite event. For any number of unutilized appointments less than 30 at the screening event, the County will be charged for the cost of those appointments at a rate of \$48.00. (For example: If the County has 28 employees attend a screening with 35 appointments available including the 5 walk-in appointments provided by the Health Trust, the County will pay \$96.00 [\$48.00 per appointment for 2 appointments]). So, it is very important to report as scheduled.

DVHT also offers 2 other alternatives to the onsite Biometrics Screening (cholesterol, HDL/LDL cholesterol, triglycerides, glucose, blood pressure, height, weight, and waist circumference) event including:

**Option 1: With a Physician or at the Delaware Valley Health Trust Center.** Log onto <https://My.QuestForHealth.com> (use access code “DVHT” to register) and click “Physician Results Form” to download and sign your pre-populated Physician Results Form. Take the signed form to your physician to complete the lower portion of the form. *(Unfortunately, the HR Office cannot print a blank form for you).* Fax the completed form to 844-560-5221 or upload to <https://My.QuestForHealth.com> under “Upload Completed Form.”

**Option 2: At a Quest Diagnostics® Patient Service Center (PSC).** Log onto <https://My.QuestForHealth.com> (use access code “DVHT” to register) and click “At a Patient Service Center.” To schedule a screening, choose the Quest location closest to the zip code of your choice and click “Next”. This will take you to a calendar of available dates and times to schedule an appointment convenient for you! Click “Confirm” to finalize your appointment. In the event that you need to **re-schedule or cancel** an appointment, you may do so from the screening tab. You can also schedule your appointment by calling 1-855-623-9355. No paperwork necessary! **Please note that you are required to wear a face covering in order to enter the Patient Service Center due to the COVID-19 pandemic.** The face covering can be as simple as a bandana, handmade mask, scarf, etc. If you arrive at the PSC without a face covering, you will need to reschedule your appointment and return to the PSC at a later date with a face covering

### **ON-SITE INFLUENZA VACCINATION (on the same day - 10/14/22)**

During this challenging time, it is more important than ever to get the flu shot. The Personnel Office has arranged for CVS Pharmacy to administer Quadrivalent Influenza immunizations on the same day as biometric screening on Friday, October 14, 2022 in Room 220 in the Administrative Complex, but you must register separately with CVS at the link below:

**Participants or guardians/caregivers should register ahead of the vaccine clinic at:**

[Click here to register](#)



**Please bring your DVHT/Aetna insurance card(s) to the clinic.**

This convenient flu immunization clinic offered through CVS Pharmacy – the parent company of Aetna requires a minimum of 25 registrations or it will be cancelled. You will need

your insurance card to complete the registration process and may register other DVHT/Aetna enrollees (also bring your card(s) to the flu clinic). When entering your member ID number be sure to include the two digits in front of your name on the card – for example “W2441#####**01**” spacing or dash is not required.

Flu vaccinations can also be administered by your physician.

There are several options for Delaware Valley Health Trust enrollees and their covered dependents to receive the flu shot in fall 2022:

- 1) **Doctor’s Office** – Call your primary care physician to make an appointment.
- 2) **Aetna participating retail or walk-in clinic** – To find a provider, log onto [Aetna.com](https://www.aetna.com) and click “Find Care & Pricing”, then “Flu Shot.”
- 3) **Host an On-Site Flu Clinic Event** (Friday, October 14, 2022, 9 a.m. – 1p.m.)

Important: Flu shots are not covered if administered at urgent care centers or hospital emergency rooms.

[CLICK HERE](#) for a video tutorial of the registration and participation process or use the tutorial documents below for assistance.

- [Registration](#)
- [Username retrieval / password recovery](#)
- [Onsite event scheduling](#)
- [PSC scheduling](#)
- [How to complete your screening with the Physician Results Form](#)

## WELLNESS BENEFITS INFORMATION

Other wellness benefits available through DVHT include a \$150 reward for colonoscopy screening, \$100 for hospital based/virtual education, \$50 for Women’s well visit, and \$50 for a mammogram. Gym membership reimbursement up to \$300 per calendar year, race registration fees up to \$200, weight watchers up to \$200, and bike helmets up to \$25.

Remember reimbursement for fitness membership fees, including exercise classes, personal training sessions, athletic leagues, digital exercise programs and activity app, and traditional fitness facilities, based on monthly participation. Up to a \$25 reimbursement for each month that you achieve at least eight (8) gym visits. Available to enrollees and covered spouses.

**To receive the reimbursement:** One combined reimbursement request will be accepted per year. Submit proof of payment and visits (computer generated verification from your gym/fitness provider documenting your visits to the Health Trust Wellness Team at [wellness@dvtrusts.com](mailto:wellness@dvtrusts.com), 267-803-5796 (fax), or 719 Dresher Road, Horsham, PA, 19044-2205

If you have any questions, please contact the Personnel Office at 744-2310 or visit the [Employee Portal](#) on the County website under the “online” tab.

*(posted 09/12/22)*